Translation of the Hundred Syllable Mantra

om
Om is the supreme expression of praise.

vajrasattva samaya manupalaya vajrasattva
“Vajrasattva, make sure your samaya remains intact.

tenopa tishtha dridho me bhawa  sutokhayo me bhawa
And be steadfast in your care of me. Grant me unqualified contentment.

supokhayo me bhawa  anurakto me bhawa
Enhance all that is worthwhile within me. Look after me.

sarwa siddhi me prayaccha  sarwa karma su tsa me
Grant me all the accomplishments, And in everything I do

tsittam shreyang kuru  hung
Ensure my mind is always virtuous! The syllable Hung is Vajrasattva’s wisdom mind.

ha ha ha ha  ho
‘Ha ha ha ha’ represent the four immeasurables, the four empowerments, the four joys, and the four kayas. What joy!

bhagawan sarwa tathagata  vajra ma me muñca
“Blessed One, you who embody all the tathagatas, Vajra, never abandon me!

vajri bhawa  maha samayasattva
Grant me the realization of ‘vajra nature’! Great embodiment of all samayas,

a
I am one with you.”

Based on Jamyang Khyentse Wangpo’s translation into Tibetan