



Translation of the Hundred Syllable Mantra

om

Om is the supreme expression of praise.

vajrasattva samaya manupalaya vajrasattva

“Vajrasattva, make sure your samaya remains intact.

tenopa tishtha dridho me bhawa

And be steadfast in your care of me.

sutokhayo me bhawa

Grant me unqualified contentment.

supokhayo me bhawa

Enhance all that is worthwhile within me.

anurakto me bhawa

Look after me.

sarwa siddhi me prayaccha

Grant me all the accomplishments,

sarwa karma su tsa me

And in everything I do

tsittam shreyang kuru

Ensure my mind is always virtuous!

hung

The syllable Hung is Vajrasattva's wisdom mind.

ha ha ha ha

‘Ha ha ha ha’ represent the four immeasurables, the four empowerments, the four joys, and the four kayas.

ho

What joy!

bhagawan sarwa tathagata

“Blessed One, you who embody all the tathagatas,

vajra ma me muñca

Vajra, never abandon me!

vajri bhawa

Grant me the realization of 'vajra nature'!

maha samayasattva

Great embodiment of all samayas,

a

I am one with you.”